



























eventually fell asleep and still got a good night's sleep, a decent night's sleep. But, uh, you know, that sometimes it can be really tough in the eight to four for people. Uh, first of all, who worked different hours and for folks with anxiety,

Brad: [\(42:22\)](#):

I completely agree. And having been a pharmacist for quite some time now I've been with Walgreens for 21 years. My, my entire professional career is with Walgreens. And one of the things that, uh, I do appreciate is the needs of our patients. And so having lived that for quite some time, really taking it upon myself and take great pride in the fact of what our, what our patients need from us, uh, that requires us listening and then producing resources that can actually help them. And so it's one of the things that I've done over the course of my career is really trying to figure out what exactly a patient's needs. So asking questions, and then also trying to meet the needs exactly where patients are. So you're exactly right when it comes to pharmacy chat, we have to make sure that an option is available to patients at all hours of the day. Uh, it used to be, uh, used to work as an overnight pharmacist and, uh, would work, would work, uh, in the, in the early morning hours in many patients would call me at the, at those times of have various questions. Well, the same thing that the pharmacy got reason why we need to have that option available because you never know when a patient may have questions. You don't want to wait around until a business exactly. To be open in order to be able to address the questions or concerns that an individual or a patient has.

Jess: [\(43:46\)](#):

Absolutely. Well, thank you so much for, for the work you're doing for sharing your insights, highly encouraged people to head on over to walgreens.com/prep. That's walgreens.com/p R E P to learn more and to consider, you know, getting tested right away, if you're not aware of your status. And if you are aware of your status to consider your options and use the tools at your disposal and do connect with your pharmacist, again, you can walk into any Walgreens where you can chat online to ask them what your options are, especially for no cost low cost options, because obviously these things need to be accessible to all. And, uh, I appreciate Brad that you're giving us hope that we can be a part of eliminating eliminating an unnecessary in this lifetime. So thank you so much for your time today.

Brad: [\(44:35\)](#):

Thank you so much. I greatly appreciate the opportunity to just to be able to share about the work that we are able to do, and really think that it is an opportunity for all of us to come together for all of us to play a part in helping to end the HIV epidemic. So thank you again so much for you for your time and appreciate the opportunity.

Jess: [\(44:51\)](#):

Thank you. You know, Brandon, when we, when we think about de-stigmatizing around HIV AIDS around safer sex, around sexual health testing, I really, I feel like we're on the precipice here in 2021, because we are now having really specific conversations about safety in light of COVID and the pandemic, right? We're now talking about where you're going to meet, where you're comfortable meeting, how much distance do you need, will you be wearing masks, will you be indoors or outdoors? And I think that these conversations of safe regarding safety that we're approaching with so much, I think sensitivity and openness and nuance and specificity, if we can have both of those things at once, I'm really hoping that that translates into conversations around safer sex, right? If we can talk about wearing masks, can we talk about barrier options like condoms, if we can talk about, you know, how far we want to sit apart or

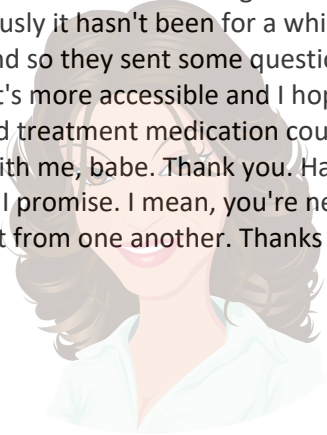
whether we want to be sitting outdoors or indoors, can we also talk about what our boundaries are with regard to safer sex, whether that's physical or emotional. So I'm really hopeful that some of these more open conversations from COVID overflow into the sexual health realm.

Brandon: [\(46:09\)](#):

Yeah. I mean, it was, it was enlightening. I mean, there's a lot of information that Brad provided today. And then, uh, you know, you've provided me over the years about, uh, HIV and AIDS education and information that, well, I mean the idea that we can really control and even end, this is massive. And I reflect back on when I was younger, you know, the ability to go into a pharmacy and to have a conversation with somebody and get the information to protect yourself or to protect myself is incredible. Like, I just remember it being such a, there's so much stigma associated with it and all of these have been broken down over the years. And with this, it just seems like such a huge leap.

Jess: [\(46:52\)](#):

Yeah, absolutely. I really think back again, my early days of working in this field and how much things have changed. So I'm really appreciative to have had this update, hope people will absolutely get tested and share this information. I was chatting with someone the other day who attends sex parties regularly. And obviously it hasn't been for a while now, but they were, they, they saw my Instagram story about prep. And so they sent some questions. Wow. And yeah, so it's, you know, it's, I'm really happy to hear that it's more accessible and I hope people will take advantage of accessible testing and confidential care and treatment medication counseling. So we're gonna wrap that up today. Thanks so much for chatting with me, babe. Thank you. Happy to be back so happy to have you back. Don't be away again. I won't, I promise. I mean, you're never actually away from me that must've been the 45 minute break we got from one another. Thanks for listening folks. Wherever you're at, have a great one.



DR JESS